

Understanding Planning Supervising and Managing Working at Height Training Course Timetable

	Day 1	Day 2
0845-0900	Introduction	Re-cap Day 1
0900-0915	Lesson 1 – Legislation	Lesson 5 – Planning Work at Height
0915-0930		
0930-0945		
0945-1000		
1000-1015		
1015-1030		
1030-1045	Break	Break
1045-1100	Lesson 2 – Hazards and Controls	Risk Assessment Activities
1100-1115		
1115-1130		
1130-1145		
1145-1200		
1200-1215		
1215-1230		
1230-1245	Lunch	Lunch
1245-1300		
1300-1315	Lesson 3 – Access Systems	Written Assessment & Completion of Risk Assessment Activities
1315-1330		
1330-1345		
1345-1400		
1400-1415		
1415-1430		
1430-1445	Break	
1445-1500	Lesson 4 – Personal Equipment	
1500-1515		
1515-1530		
1530-1545		
1545-1600		
1600-1615		End of Course Evaluation