

	Day 1	Day 2	
0845-0900	Introduction	Re-cap Day 1	
0900-0915	Lesson 1 – Stats, Legislation and Definition	Lesson 6 – Access Equipment	
0915-0930	Lesson 2 – Hazards and Controls		
0930-0945			
0945-1000	Lesson 3 – Access Systems		
1000-1015			
1015-1030			
1030-1045	Break		Break
1045-1100	Lesson 4 – Personal Equipment	Practical Session	
1100-1115			
1115-1130			
1130-1145			
1145-1200			
1200-1215	Lesson 5 – Other Considerations		
1215-1230			
1230-1300	Lunch		Lunch
1300-1315	Practical Session		Practical Session
1315-1330			
1330-1345			
1345-1400			
1400-1415			
1415-1430			
1430-1445		Break	
1445-1500	Practical Session	Break	
1500-1515			
1515-1530			
1530-1545		Written Assessment	
1545-1600	Written Assessment	End of Course Evaluation	
1600-1615			