

	Day 1	Day 2	Day 3	
0900-0915	Introduction	Welcome	Welcome	
0915-0930	Roles and Responsibilities	Patient Assessment Re-cap	Patient Assessment Re-cap	
0930-0945				
0945-1000		Breathing Re-cap	Wounds, Bleeding and Shock	
1000-1015				Incident Assessment and Management
1015-1030				
1030-1045	Patient Assessment	Anaphylaxis		
1045-1100				
1100-1115	Break	Break		
1115-1130	Airway Assessment	Medical Emergencies – Recognition and Management	Break	
1130-1145			Assessment and Treatment of Trauma 1	
1145-1200			Practical Assessment	
1200-1215			Burns and Scalds	
1215-1230	Lunch	Lunch	Lunch	
1230-1245				
1245-1300	Emergency Oxygen	Medical Emergencies (continued)	Head Injuries	
1300-1315				
1315-1330	Airway and Ventilation Practical Assessment			
1330-1345			Muscular-Skeletal Trauma Theory	
1345-1400	Breathing	Seizures and Faint	Muscular-Skeletal Trauma Practise	
1400-1415				
1415-1430	Chest Injuries	Break Contextualised Scenario – Collapse Query Cause		
1430-1445				
1445-1500	Break	Break	Break	
1500-1515	Basic Life Support (Adult, child, infant)	Environmental Exposure	Assessment and Treatment of Trauma 2	
1515-1530				
1530-1545		Assessment and Treatment of Illness Practical Assessments	Sudden Poisoning	
1545-1600	Basic Life Support (Adult, child, infant)	Multi-choice Paper 3	Invigilated Exam	
1600-1615				Practical Assessment
1615-1630	Multi-choice Paper 1			
1630-1645				
1645-1700	Closure		Multi-choice Paper 2	
1700-1715		Closure		
1715-1730			Closure	



FREC 3 Requalification Training Course