

Day 1

Lesson	Time (mins)	Theory (T) Practical (P) Discussion (D)	Subject
1	30 mins	T / D	<p><b>Management of an incident</b></p> <p>Hazards and risks</p> <p>AFA role: -</p> <ul style="list-style-type: none"> <li>• Perform a scene assessment.</li> <li>• Communicate with others.</li> <li>• Summon appropriate help.</li> <li>• Identify and prioritise tasks.</li> <li>• Prioritise casualties for treatment (NARU Triage Sieve)</li> <li>• Handover / reporting</li> </ul>
2	60 mins	T / D / P	<p><b>Conduct Clinical Observations</b></p> <ul style="list-style-type: none"> <li>• SPO2</li> <li>• Pulse</li> <li>• Blood Pressure</li> <li>• Blood Glucose</li> <li>• PERLA</li> </ul>
3	100 mins	T / D / P	<p><b>Demonstrate correct use of appropriate equipment during a resuscitation attempt.</b></p> <ul style="list-style-type: none"> <li>• Primary Survey</li> <li>• Positive pressure ventilation</li> <li>• Airway adjuncts</li> <li>• Suction and postural drainage</li> </ul>
3	110 min	p	Practical session on CPR and airway management
4	120 mins	T / D / P	<p><b>Be able to manage catastrophic bleeding.</b></p> <ul style="list-style-type: none"> <li>• Catastrophic (critical) bleeding</li> <li>• Tourniquets</li> <li>• Haemostatics</li> <li>• Haemostasis escalator model</li> </ul>

## Day 2

Lesson	Time (mins)	Theory (T) Practical (P) Discussion (D)	Subject
4	30 mins	P	Practical session on catastrophic bleeding
5	40 mins	T / D	<b>Medical gases</b> <ol style="list-style-type: none"> <li>1. Subjective pain models</li> <li>2. Nitrous oxide indications and contraindications</li> <li>3. Administering nitrous oxide</li> <li>4. Oxygen indications and contraindications</li> <li>5. Administering oxygen</li> </ol>
6	120 mins	T / D / P	<b>Use equipment to immobilise and transport a casualty.</b> <ol style="list-style-type: none"> <li>1. Use of splints</li> <li>2. Pelvic binder</li> <li>3. Cervical spine collars</li> <li>4. Stretchers – loading and transporting casualties</li> </ol>
	190 mins	P	Practical session administering practical scenarios
	40 mins	D	<b>Written test and course Evaluation</b>  <p style="text-align: center;"><b>End of Course</b></p>