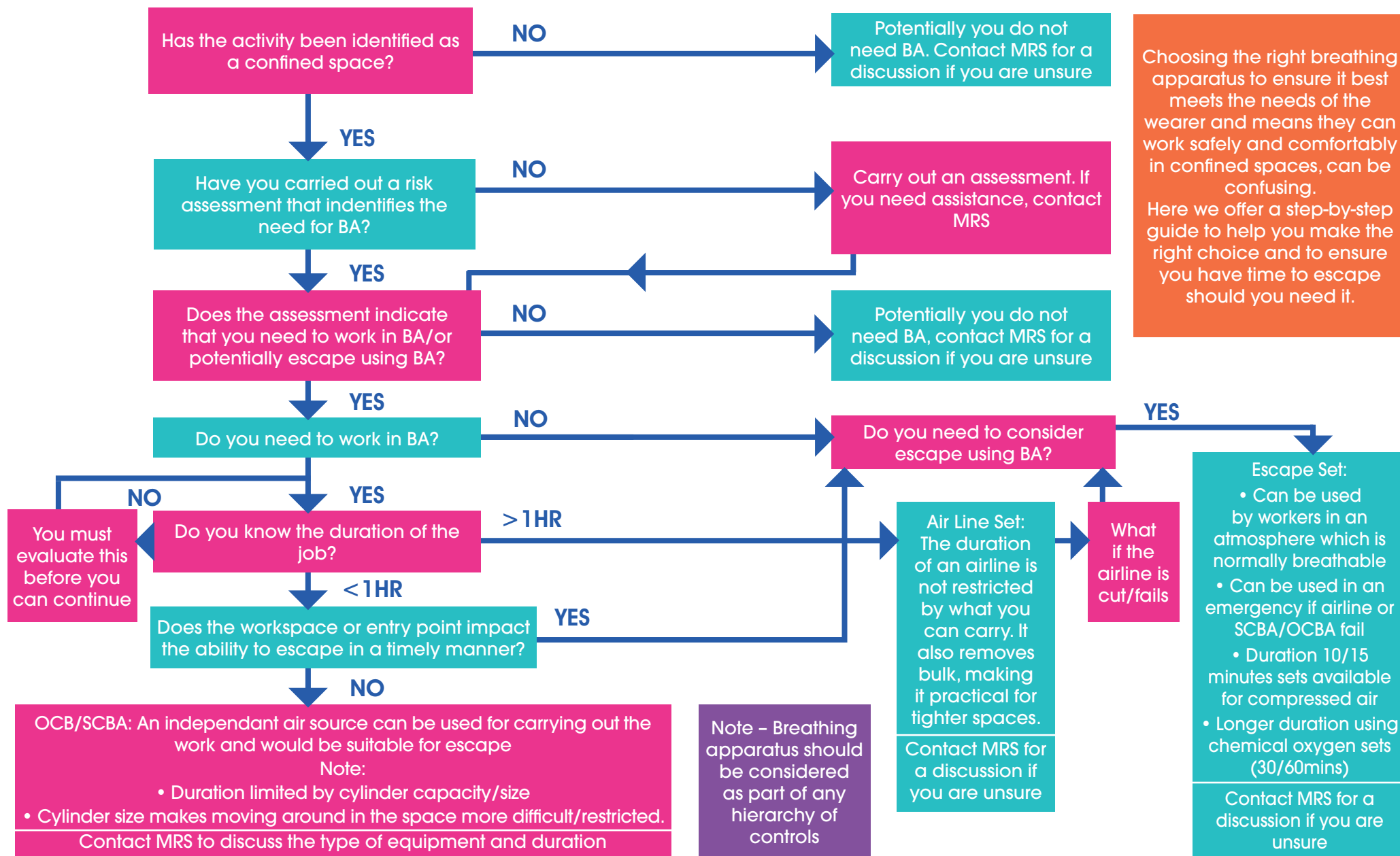


# Do I need breathing apparatus and what type?



Choosing the right breathing apparatus to ensure it best meets the needs of the wearer and means they can work safely and comfortably in confined spaces, can be confusing. Here we offer a step-by-step guide to help you make the right choice and to ensure you have time to escape should you need it.