

Day 1

Lesson	Time (mins)	Theory (T) Practical (P) Discussion (D)	Subject
1	30	T / D	Introductions
2	30	T / D	Emergency response plan in your own organisation 1. Emergency response plan in your own organisation 2. Evacuation strategy
3	50	T / D / P	Control measures to prevent injury during training Preparations for the days training, incl. 1. Inspection/don PPE 2. Control measures to prevent injury during training 3. Warm-up
4	25	T / D / P	Cervical Collar 1. Utilization of Cervical Collar
5	50	T / D / P	Packaging the Injured person
6	25	T / D / P	Lowering/Raising Rescue System 1. Lowering/Raising Rescue System 2. Rigging setup options – combining rescue equipment and PPE lanyards
7	105	D / P	Hub Rescue Exercise 1+2 (From Blade) Rescue from WTG blade Rescue from hub
8	105	D / P	Hub Rescue Exercise 3+4 (From Spinner) Rescue from inside spinner Correct use of tension line (Zip line) to transport casualty to escape hatch Safely lower casualty to ground
End of Day One			

Day 2

Lesson	Time (mins)	Theory (T) Practical (P) Discussion (D)	Subject
9	120	D / P	Evacuation of an Injured person from the Nacelle to the Base of the Tower 1. Practical exercise Evacuation inside and outside of tower
10	110	D / P	Rescue from Enclosed Space - Exercises
11	200	D / P	Rescue from Crawl Space - Exercises
End of Day Two			

Day 3

Lesson	Time (mins)	Theory (T) Practical (P) Discussion (D)	Subject
12	130	T / D / P	Rescue Up 1. Introduction 2. Rescue Up, Inside and Outside of the Tower - Practical Exercises
13	260	T / D / P	Single Rescuer 1. Introduction 2. Single Rescuer HSIBR Module Hub Rescue Exercise 1 (From Blade) 3. Single Rescuer NTBR Module Rescue from crawl space 4. Single Rescuer NTBR Module Evacuation of an Injured person from the Nacelle to the Base inside of the Tower 5. Single Rescue NTBR Module Rescue Up, Inside and Outside of the Tower
	20	T / D	Evaluation 1. Reflection Session 2. Formative Evaluation
End of course			