

Fire Fighting



TRAINING
& RESCUE

Safe in our hands



We offer a range of courses suitable for everyone, to provide a greater appreciation of fire prevention in the workplace. Delegates will receive expert tuition on how to reduce the risk of fires and what they need to do if a fire were to occur, ensuring they act safely and do not put themselves in danger.

Our instructors are highly experienced professional rescue operatives, who are trained to the National Occupation Standard of fire fighting in emergency situations, which enables us to offer their knowledge and practical expertise to every delegate.

Fire Awareness

This course provides an understanding of basic fire awareness so delegates can safely react to an outbreak of fire. With practical hands-on experience of the use of live extinguishers in a safe and controlled environment. Topics covered include classification, cause and spread of fire, regulations, fire drills and evacuation.

Key Facts

- Duration - 3 hours
- Assessment - written and practical
- Instructor/candidate ratio - 1:10
- Award alignment - complies with Regulatory Reform (Fire Safety) Order 2005 (RRFSO)
- Accreditation - MRS Training & Rescue certificate
- Lifespan - 3 years



We offer fire extinguisher sales and servicing too.

Fire Fighting

Fire Warden

To enable employees with responsibility in their workplace for the safe evacuation and control (including accounting for) of all personnel and use of portable firefighting equipment, to be able to react positively to a fire or possible fire on their premises. The course covers basic fire hazards and consequential risks in the workplace as well as the main measures that should be taken to minimise fire risks. NB: all delegates must have completed the fire awareness course first.

Key Facts

- Duration - 4 hours
- Assessment - written and practical
- Instructor/candidate ratio - 1:10
- Award alignment - complies with Regulatory Reform (Fire Safety) Order 2005 (RRFSO)
- Accreditation - MRS Training & Rescue certificate
- Lifespan - 3 years



Hose Reel Fire Team Training

To cover the safe use and after care of hose reels and ancillary equipment. At the end of this course all delegates will be able to:

- List the five major items of equipment that may be utilised when establishing a hose line
- Demonstrate the correct deployment of hose reels and ancillary equipment
- Demonstrate correct handling of hose reels and ancillary equipment
- Demonstrate correct after use care of hose reels and ancillary equipment

Key Facts

- Duration - 3 hours
- Assessment - written and practical
- Instructor/candidate ratio - 1:10
- Award alignment - complies with Health and Safety (First Aid) regulations
- Accreditation - MRS Training & Rescue certificate
- Lifespan - 3 years

We offer fire extinguisher sales and servicing too.

