

# Our Training Centre in Crossgates



T: 01383 510766

E: [scotland@mrsi.co.uk](mailto:scotland@mrsi.co.uk)

MRS Training and Rescue  
Main Street | Crossgates | Fife | KY4 8DH



TRAINING  
& RESCUE

*Safe in our hands*

Located in Crossgates across the Queensferry Crossing with a large free car park and easy access to main routes, our state of the art training facilities and lecture rooms are perfect for the delivery of a comprehensive range of health and safety related products, training and services to a wide range of industries.



## Directions

**From the South M90:** After crossing the Queensferry Crossing, take Junction 3. Follow signs for Glenrothes and St Andrews. On dual carriage-way, stay on the right hand lane and follow signs for Crossgates. In Crossgates, take a left at traffic lights signposted for Hill of Beath. After you pass the petrol station, we are on the right hand side.

**From the North East A92:** Follow A92 towards Dunfermline. Take 1st exit from roundabout (signposted for Crossgates). In Crossgates, take a left at traffic lights signposted for Hill of Beath. After you pass the petrol station, we are on the right hand side.

To find our car park use what3words `lentil.dips.grinders`.

