

## HEALTH AND SAFETY

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Our comprehensive range of Health and Safety training courses can help any individual or organisation to develop the knowledge, skills and best practice methods needed to be compliant, and to minimise health and safety risks in the workplace.

The Health & Safety at Work Act 1974 and subsequent Management of Health and Safety at Work Regulations 1999 make provision for information, instruction, supervision and training of all employees.

In order to support employers to discharge their duties diligently, MRS Training & Rescue provides a series of courses that deal with a full range of Health and Safety related activities.

We blend 'classroom based training' with practical assessments to address all your health and safety training needs.

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## WHY MRS TRAINING & RESCUE?

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- A background in a hazardous Industry (Coal Mining) where high standards of health, safety and first aid were expected and essential.
- We practice what we preach. Our trainers and assessors are or have been operational rescue workers.
- Operational employees who understand the importance of control measures, as identified by risk assessment.
- We understand that when something out with your control goes wrong, an effective first aider is essential.
- A company that has a history of practical sensible solutions.