

LOW RISK CONFINED SPACES

How to work safely in low risk confined spaces, in which there is adequate natural or mechanical ventilation, where access appears simple and unobstructed, and there is no likely risk of flooding (for example meter pits, valve chambers and stairwells.) CITB Approved Training Organisation. Lantra Approved.

KEY FACTS

- Duration - 1 day
- Assessment - written and practical
- Instructor/candidate ratio - 1:10 (plus a C&G assessor if required)
- Award alignment - aligns with the Working in Low Risk Confined Spaces Level 2 Award (6150-01 - Water & 6150-51 - Non-Water)
- Accreditation - MRS Training & Rescue certificate or City & Guilds 6150 qualification
- Lifespan - 3 years

LEARNING OUTCOMES

On completion of this course delegates will be able to

- Prepare to enter and work safely in low risk confined spaces
- Enter and exit confined spaces safely
- Use equipment and tools safely and in accordance with manufacturers' instructions
- Follow procedures and work safely
- Deal with emergencies
- Work with others including lone working
- Use general knowledge for working in low risk confined spaces and their environments

ADDITIONAL COURSE DETAILS

Mobile training unit

Our innovative City & Guilds approved mobile confined space training and assessment units allow us to bring confined space training to life, at your location. Theory can cover aspects specific to your needs to deal with confined space situations, but it doesn't necessarily set people up for real-life situations - this is why we offer our fully equipped mobile training unit service. We're able to tow our

units to your site and duplicate enclosed space conditions and situations that your team are likely to face. The realistic restricted space includes multiple areas of entry (with 3.1m vertical entry) and crawl paths (30m) to create separation to train and assess communication between team members.

Our training courses and competence assessments comply with all up to date legislations and the requirements of the confined space National Occupational Standards that are referred to in the confined space regulations.

We offer low-risk (example meter readers and simple access) confined space training courses and competence assessments from our mobile units; participants are provided the opportunity to enrol on City and Guilds examinations. Participants who complete an assessment will be awarded with a City & Guilds approved certification, which is valid for three years after completion.

Looking for different training options? Browse our health and safety courses to find a program that suits your requirements.

DO YOU HAVE A CONFINED SPACE?

TAKE THE TEST

